



**Office for  
the Aging**

# **Respite and Caregiving Resources in the Time of COVID-19**

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# Presenters

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# History and Overview

## Lifespan Respite Program

# Lifespan Respite ... a system of services

## *Lifespan Respite Definition:*

- Coordinated **SYSTEMS** of accessible, community-based respite services for all family caregivers regardless of age or special need.
- Grew from state initiatives in OR, OK, NE and WI

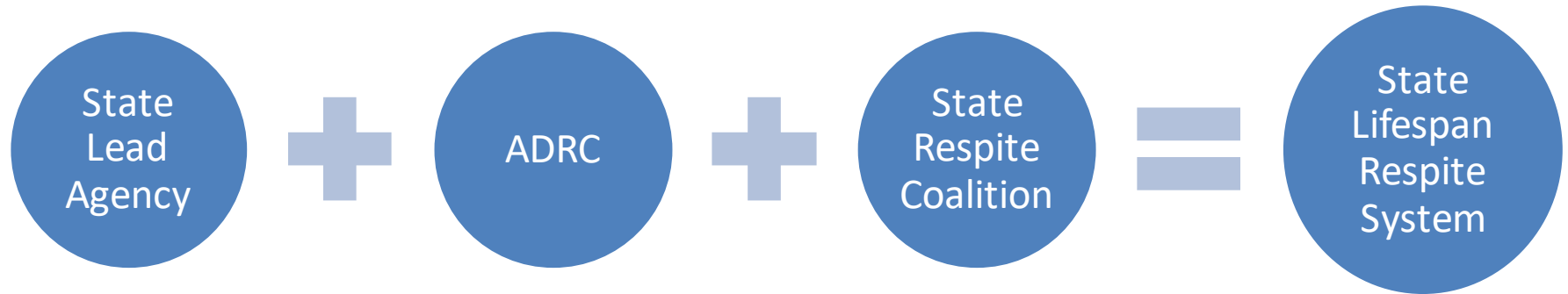
# Federal Lifespan Respite Care Program

US Administration for Community Living administers competitive state grants for required uses of funds:

- Development or enhancement of State and local Lifespan Respite systems
- Planned or emergency respite for all ages
- Training and recruitment of providers/volunteers
- Provision of information to caregivers about respite services, and assistance in gaining access



# Lifespan Respite Built on Collaboration



*Courtesy of Jill Kagan, ARCH National Respite Network and Resource Center*

# Current Lifespan Respite Grant

## 2017-2020 Goal and Objectives

**Goal:** New York will build upon prior and current Lifespan Respite initiatives by engaging key stakeholders to increase and expand access to respite services statewide and enhance partnerships for education, outreach, and service provision to advance development of a Lifespan Respite Care System.

### Objectives:

1. Increase number of respite volunteers through additional training and recruitment activities;
2. Expand available respite services statewide through formalizing a caregiver-directed respite model;
3. Expand access to caregiver services through improved respite listings in the NY Connects Resource Directory across age and disability types; and
4. Implement and continue to update the Statewide Action Plan for Lifespan Respite sustainability.



# Helping Caregivers During COVID-19

# National Resources

- **Rosalyn Carter Institute for Caregiving**  
<http://www.rosalynncarter.org/>
- **National Alliance for Caregiving**  
<https://www.caregiving.org/>
- **Caregiver Action Network**  
<https://www.caregiveraction.org/>
- **AARP**  
<https://www.aarp.org/caregiving/>
- **Administration for Community Living**  
<https://content.govdelivery.com/accounts/USACL/bulletins/2853bbd>
- **Family Caregiver Alliance**  
<https://www.caregiver.org/>
- **ARCH**  
<https://archrespite.org/Covid-19-Respite-Resources>

# National Resources



Lifespan Respite Technical Assistance Center

<https://archrespite.org/>

# New York State Resources



[NYSCRC.ORG](https://nyscrg.org)

[dgreen@lifespanrochester.org](mailto:dgreen@lifespanrochester.org)



# Any Questions?

